



CIRCULAR

## Cook Islands – Hours of Work and Rest Tool

Notice to: Ship Owners/ Managers/ Operators/ Surveyors/ Auditors

C23064 | 14 November 2023

This Circular is issued to advise that Maritime Cook Islands have issued a circular [284/2023](#) advising that the [MLC Work Rest Tool](#) has been updated to cover the year 2024 and includes December 2023.

The use of this tool simplifies the correct application of the MLC Regulation 2.3 – hours of work and hours of rest and helps identify any inability to comply with the Regulation.

### Act now

Ship Owners/ Managers/ Operators should consider using this updated tool to monitor the hours worked onboard, and compliance with the MLC Regulation.